infusion can be a godsend. Emphysema involves destruction of the alveoli (the small air sacs in the lungs). Although chemical fumes and other irritants can cause the destruction, it is most often the result of smoking. As the disease progresses, the patient finds it more and more difficult to breathe. A wheel chair and supplemental oxygen become necessary as the disease progresses. Lack of adequate oxygen reaching the tissues forces the heart to pump more forcefully. This leads to high blood pressure, enlargement of the heart itself and eventually heart failure. Conventional medicine offers little help for emphysema. There is no cure. The best that can be hoped for is symptomatic relief and the prevention of any serious complications that might result in death. H202 therapy can offer more. Using 1 ounce of 35% peroxide per 1 gallon of non-chlorinated water in a vaporizer improves nighttime breathing tremendously. But intravenous infusion holds the real key to relief. It has the ability to cleanse the inner lining of the lungs and restore the ability to breathe.

We continue to hear the same story from Dr. Farr and others who use intravenous infusion for emphysema and congestive lung problems. Within minutes oxygen from hydrogen peroxide begins to bubble up between the membrane lining the lungs sacs and the accumulated mucus. (Dr. Farr refers to this as the "Alka-Seltzer effect.") The patient begins to cough and expel the material that has accumulated in the lungs. The amount of bubbling, coughing, and cleansing can be regulated by simply turning the H202 on and off. As the peroxide clears the lung surface and destroys the bacterial infections, the patient regains the ability to breathe more normally. We continue to receive reports from patients for whom the technique has improved breathing so much that a wheelchair and supplemental oxygen are no longer needed. If you would like to find a doctor in your area trained in the use of intravenous H202 infusion, contact the International Bio-Oxidative Medicine Foundation (IBOM), P.O. Box 13205, Oklahoma City, OK 73113 at (405) 478-4266. They can provide names and addresses of doctors using the procedure in your area.

If emphysema were the only ailment successfully treated with H202 therapy, it would still rank as one of the top health discoveries of all time. Fortunately, H202 works wonders on a multitude of health problems. It does so by increasing tissue oxygen levels. A closer look at how we have decreased the availability of external and internal oxygen will show you just how important this can be. If you were not too occupied with trying to hide dissection specimens in the other student’s desks, you might remember from elementary science courses that our atmosphere contains about 20% oxygen. That is under ideal circumstances. It has recently been reported that in many of our more polluted cities, there levels have dropped to around 10%! (I have already mentioned how less hydrogen peroxide-containing rain is reaching the earth’s surface. With increased pollution it is reacting with airborne toxins before it even reaches the ground.) And everyone, by now, knows the oxygen-generating rain forests are being destroyed.
worldwide, which further reduces available oxygen. Internal oxygen availability is also under attack.

Chlorination of drinking water removes oxygen. Cooking and over-processing of our foods lowers their oxygen content. Unrestrained antibiotic use destroys beneficial oxygen-creating bacteria in the intestinal tract. Dr. Johanna Budwig of Germany has shown that for proper cellular utilization of oxygen to take place, our diets must contain adequate amounts of unsaturated fatty acids. Unfortunately, the oils rich in these fatty acids have become less and less popular with the food industry. Their very nature makes them more biologically active, which requires more careful processing and gives them a shorter shelf-life. Rather than deal with these challenges, the food industry has turned to the use of synthetic fats and dangerous processes like hydrogenation.

It’s obvious that our oxygen needs are not being met. Several of the most common ailments now affecting our population are directly related to oxygen starvation. Asthma, emphysema, and lung disease are on the rise, especially in the polluted metropolitan areas. Cases of constipation, diarrhea, intestinal parasites and bowel cancer are all on the upswing. Periodontal disease is endemic in the adult population of this country. Cancer of all forms continues to increase. Immune system disorders are sweeping the globe. Chronic fatigue, "Yuppie Flu" and hundreds of other strange viral disease have begun to surface. Ironically, many of the new "miracle" drugs and nutritional supplements used to treat these conditions work by increasing cellular oxygen (oftentimes through H202 formation). For example, the miracle nutrient, Coenzyme Q10, helps regulate intercellular oxidation. Organic germanium, which received considerable publicity not too long ago, also increases oxygen levels at the cellular level. And even substances like niacin and vitamin E promote tissue oxidation through their dilation of blood vessels.

Hydrogen peroxide is only one of the many components that help regulate the amount of oxygen getting to your cells. Its presence is vital for many other functions as well. It is required for the production of thyroid hormone and sexual hormones. (Mol Cell Endocrinol 86;46(2): 149-154) (Steroids 82;40(5):5690579). It stimulates the production of interferon (J Immunol 85;134(4):24492455). It dilates blood vessels in the heart and brain (Am J Physiol 86;250 (5 pt 2): H815-821 and (2 pt 2):H157-162). It improves glucose utilization in diabetics (Proceedings of the IBOM Conference 1989, 1990, 1991). The closer you look at hydrogen peroxide, the less surprising it becomes that it can help such a wide variety of conditions. The following is only a partial listing of conditions in which H202 therapy has been used successfully. (Many of these conditions are serious,
if not life-threatening. As always, I would highly recommend seeking the advice
and guidance of a doctor experienced in the use of these techniques.)

Allergies Headaches
Altitude Sickness Herpes Simplex
Alzheimer's Herpes Zoster
Anemia HIV Infection
Arrhythmia Influenza
Asthma Insect Bites
Bacterial Infections Liver Cirrhosis
Bronchitis Lupus Erythematosus
Cancer Multiple Sclerosis
Candida Parasitic Infections
Cardiovascular Disease Parkinsonism
Cerebral Vascular Disease Periodontal Disease
Chronic Pain Prostatitis
Diabetes Type 11 Rheumatoid Arthritis
Diabetic Gangrene Shingles
Diabetic Retinopathy Sinusitis
Digestion Problems Sore Throat
Epstein-Barr Infection Ulcers
Emphysema Viral Infections
Food Allergies Warts
Fungal Infections Yeast Infections
Gingivitis

Grades of Hydrogen Peroxide
Hydrogen peroxide is available in various strengths and grades.

A) 3.5% Pharmaceutical Grade: This is the grade sold at your local drugstore
or supermarket. This product is not recommended for internal use. It
contains an assortment of stabilizers which shouldn't be ingested. Various
stabilizers include: acetanilide, phenol, sodium stagnate and tertrasodium
phosphate.

B) 6% Beautician Grade: This is used in beauty shops to color hair and is not
recommended for internal use.

C) 30% Reagent Grade: This is used for various scientific experimentation
and also contains stabilizers. It is also not for internal use.

D) 30% to 32% Electronic Grade: This is used to clean electronic parts and
not for internal use.